

Tanya Régimbald



Hello, my name is Tanya Régimbald, and I am 20 years old. I am entering my third and last year of college at the *Institut de technologie agroalimentaire du Québec* in Saint-Hyacinthe. I am in the Farm management and technology program with a specialization in dairy production. I grew up on my family's dairy farm in Sarsfield, Ontario, just east of Ottawa. I have always been interested in agriculture and got involved in Russell County 4-H at the age of nine. I have completed over 38 clubs including the dairy calf club, the soil and crop club, the vet club, and so many more. Last summer, I had the pleasure of doing a coop placement on a dairy and cash crop farm in Carleton Place. I have also worked at a neighbouring dairy farm for a few summers. Along with this work experience, I really enjoy volunteering in my community. Once I graduate college, I look forward to integrating into the family farm by working full-time. While I graduate from college next year, I plan to continue taking specific training courses over the years as I love to expand my knowledge and acquire new experiences. I want to take the time to thank the Ottawa Valley Seed Growers Association for this scholarship. Your generosity and support towards the next generation are part of what makes this industry so great.